

# Contents

Videos .....	xx
Foreword .....	xxi
Preface .....	xxii
Acknowledgments .....	xxiii
Contributors .....	xxiv
<b>Part I: Roadmap to a Career in Neurosurgery</b>	
<b>1 APP Roadmap: Undergraduate</b> .....	<b>3</b>
<i>Jennifer Zheng</i>	
1.1 Undergraduate Education for Physician Assistants .....	3
1.2 Undergraduate Education for Nurse Practitioners .....	3
1.3 Extracurricular Activities .....	3
1.4 Health Care Experience .....	4
1.5 Shadowing .....	4
1.6 Standardized Testing for Physician Assistant Programs ...	4
1.7 Standardized Testing for Nurse Practitioner Programs .....	4
1.8 Applying to Graduate School ...	4
1.9 Interview .....	5
1.10 What's Next after Graduate School? .....	5
<b>2 APP Roadmap: Graduate</b> .....	<b>6</b>
<i>Brianna R. Stuparitz</i>	
2.1 Didactic Year .....	6
2.2 Clinical Year .....	6
2.2.1 Core Rotations .....	6
2.2.2 Elective Rotations .....	6
2.2.3 End-of-Rotation Examinations ...	6
2.3 Throughout the Years .....	7
<b>3 APP Roadmap: Onboarding</b> .....	<b>8</b>
<i>Edward Shaffer</i>	
3.1 Introduction .....	8
3.2 Supporting New APPs .....	8
3.3 Conclusion .....	8

<b>4</b>	<b>Roles of the Neurosurgical Advanced Practice Provider</b> .....	9
	<i>Michelle Acosta</i>	
<b>4.1</b>	<b>Introduction</b> .....	9
<b>4.2</b>	<b>Inpatient APP</b> .....	10
<b>4.3</b>	<b>Operative APP</b> .....	11
<b>4.4</b>	<b>Outpatient APP</b> .....	11
<b>4.5</b>	<b>Conclusion</b> .....	13
	<b>References</b> .....	13

**Part II: Introduction to Neurosurgical Care**

<b>5</b>	<b>The Neurological Examination</b> .....	17
	<i>Hannah Donnelly and Sarah Rosmarin</i>	

<b>5.1</b>	<b>Assessing Mental Status</b> .....	17	<b>5.3</b>	<b>Strength, Reflexes, and Sensation</b> .....	23
5.1.1	Mental Status Examination .....	17	5.3.1	Muscle Strength .....	23
5.1.2	Glasgow Coma Scale .....	17	<b>5.4</b>	<b>Deep Tendon Reflexes</b> .....	23
<b>5.2</b>	<b>Cranial Nerves</b> .....	17	<b>5.5</b>	<b>Sensation</b> .....	24
5.2.1	Cranial Nerve I (Olfactory Nerve) ..	17	<b>5.6</b>	<b>Other Tests and Findings</b> .....	25
5.2.2	Cranial Nerve II (Optic Nerve) ....	18	5.6.1	Gait .....	25
5.2.3	Cranial Nerves III, IV and VI (Oculomotor, Trochlear and Abducens Nerves) .....	18	5.6.2	Cerebellar Testing .....	26
5.2.4	Cranial Nerve V (Trigeminal Nerve) .....	21	5.6.3	Aphasia .....	26
5.2.5	Cranial Nerve VII (Facial Nerve) ..	21	5.6.4	Hemineglect .....	26
5.2.6	Cranial Nerve VIII (Vestibulocochlear Nerve) .....	21	5.6.5	Superficial Reflexes .....	26
5.2.7	Cranial Nerve IX (Glossopharyngeal Nerve) .....	22	<b>5.7</b>	<b>Top Hits</b> .....	27
5.2.8	Cranial Nerve X (Vagus Nerve) ...	23	5.7.1	Questions .....	27
5.2.9	Cranial Nerve XI (Spinal Accessory Nerve) .....	23	5.7.2	Answers .....	27
5.2.10	Cranial Nerve XII (Hypoglossal Nerve) .....	23		<b>References</b> .....	27

<b>6</b>	<b>Neurocritical Care</b> .....	28
	<i>Sarah Rosmarin and Hannah Donnelly</i>	

<b>6.1</b>	<b>Intracranial Pressure and Monitoring</b> .....	28	6.2.1	Mechanical Ventilation .....	29
6.1.1	Intracranial Pressure .....	28	6.2.2	Arterial Blood Gas Analysis .....	31
6.1.2	EVD Setup and ICP Waveform Analysis .....	29	<b>6.3</b>	<b>Fluid and Blood</b> .....	31
<b>6.2</b>	<b>Respiratory Dynamics</b> .....	29	<b>6.4</b>	<b>Electrolytes</b> .....	33
			6.4.1	Hypernatremia .....	33
			6.4.2	Hyponatremia .....	33

6.4.3	Other Electrolytes .....	33	<b>6.9</b>	<b>Deep Vein Thrombosis Prophylaxis</b> .....	36
<b>6.5</b>	<b>Blood Pressure</b> .....	34	<b>6.10</b>	<b>Stress Ulcer Prophylaxis</b> .....	37
<b>6.6</b>	<b>Shock</b> .....	34	<b>6.11</b>	<b>Death by Neurological Criteria</b> .....	37
6.6.1	Hypovolemic Shock .....	34	<b>6.12</b>	<b>Top Hits</b> .....	38
6.6.2	Cardiogenic Shock .....	35	6.12.1	Questions .....	38
6.6.3	Obstructive Shock .....	35	6.12.2	Answers .....	38
6.6.4	Distributive Shock .....	35		<b>References</b> .....	38
<b>6.7</b>	<b>Sedation</b> .....	35			
<b>6.8</b>	<b>Seizures and Status Epilepticus</b> .....	36			
<b>7</b>	<b>Basic Procedures</b> .....	40			
	<i>Erin Elise Thomson</i>				
<b>7.1</b>	<b>Lumbar Puncture and Lumbar Drain</b> .....	40	<b>7.3</b>	<b>Oversewing a Wound</b> .....	41
<b>7.2</b>	<b>Shunt Tap</b> .....	41		<b>Suggested Readings</b> .....	42
<b>Part III: Neuroanatomy</b>					
<b>8</b>	<b>Brain</b> .....	45			
	<i>Brittany Snider Craven</i>				
<b>8.1</b>	<b>Cerebrum</b> .....	45	<b>8.5</b>	<b>Importance of Understanding Cranial Anatomy for the Advanced Practice Provider</b> .....	53
8.1.1	Frontal Lobe .....	47	8.5.1	Patient Example 1 .....	53
8.1.2	Parietal Lobe .....	47	8.5.2	Patient Example 2 .....	54
8.1.3	Temporal Lobe .....	47	<b>8.6</b>	<b>Top Hits</b> .....	54
8.1.4	Occipital Lobe .....	48	8.6.1	Questions .....	54
<b>8.2</b>	<b>Subcortical Structures</b> .....	48	8.6.2	Answers .....	54
8.2.1	Internal Capsule .....	49		<b>References</b> .....	54
8.2.2	Ventricles of the Brain .....	49			
<b>8.3</b>	<b>Brainstem</b> .....	50			
<b>8.4</b>	<b>Cisterns</b> .....	53			
<b>9</b>	<b>Spine</b> .....	55			
	<i>Brianna R. Stuparitz</i>				
<b>9.1</b>	<b>Spinal Cord</b> .....	55	<b>9.2</b>	<b>Vertebral Column</b> .....	55

9.2.1	Vertebrae Constitution . . . . .	55	9.4.1	Spinal Anatomy on MRI . . . . .	62
9.2.2	Common Ligaments . . . . .	59	9.4.2	Spinal Anatomy on X-Ray . . . . .	62
<b>9.3</b>	<b>Vascular Anatomy . . . . .</b>	<b>60</b>	<b>9.5</b>	<b>Top Hits . . . . .</b>	<b>65</b>
9.3.1	Arterial Anatomy of the Spine . . . . .	60	9.5.1	Questions . . . . .	65
9.3.2	Venous Anatomy of the Spine . . . . .	60	9.5.2	Answers . . . . .	66
<b>9.4</b>	<b>Radiographic Anatomy . . . . .</b>	<b>61</b>		<b>Suggested Readings . . . . .</b>	<b>66</b>
<b>10</b>	<b>Peripheral Nerves and Plexuses . . . . .</b>	<b>67</b>			
	<i>Nana Afua-Agyepong and Sarah Rosmarin</i>				
<b>10.1</b>	<b>The Brachial Plexus . . . . .</b>	<b>67</b>	<b>10.5</b>	<b>Top Hits . . . . .</b>	<b>72</b>
<b>10.2</b>	<b>The Lumbosacral Plexus . . . . .</b>	<b>69</b>	10.5.1	Questions . . . . .	72
10.2.1	Plexus Injuries . . . . .	70	10.5.2	Answers . . . . .	72
<b>10.3</b>	<b>Dermatomes . . . . .</b>	<b>70</b>		<b>References . . . . .</b>	<b>72</b>
<b>10.4</b>	<b>The Femoral Triangle . . . . .</b>	<b>70</b>			
<b>Part IV: Cerebrovascular</b>					
<b>11</b>	<b>Subarachnoid Hemorrhage, Aneurysms, and Vasospasm . . . . .</b>	<b>75</b>			
	<i>Suzan G. Semroc</i>				
<b>11.1</b>	<b>Cerebral Aneurysms . . . . .</b>	<b>75</b>	11.3.2	Spontaneous . . . . .	78
11.1.1	Risk Factors . . . . .	75	11.3.3	Grading Scales . . . . .	78
11.1.2	Incidence . . . . .	75	11.3.4	Initial Management . . . . .	78
11.1.3	Location . . . . .	75	11.3.5	Medical Management . . . . .	79
11.1.4	Presentation . . . . .	75	<b>11.4</b>	<b>Vasospasm Management . . . . .</b>	<b>80</b>
<b>11.2</b>	<b>Management of Unruptured Aneurysms . . . . .</b>	<b>75</b>	<b>11.5</b>	<b>Follow-up and Long-term Management . . . . .</b>	<b>80</b>
11.2.1	Watchful Waiting . . . . .	75	<b>11.6</b>	<b>Top Hits . . . . .</b>	<b>81</b>
11.2.2	Treatment . . . . .	76	11.6.1	Questions . . . . .	81
11.2.3	Mycotic Aneurysms . . . . .	76	11.6.2	Answers . . . . .	81
11.2.4	Orders . . . . .	76		<b>References . . . . .</b>	<b>81</b>
<b>11.3</b>	<b>Subarachnoid Hemorrhage . . . . .</b>	<b>78</b>			
11.3.1	Traumatic . . . . .	78			

<b>12</b>	<b>Stroke, Carotid Disease, and AVM</b> .....	82		
	<i>Sarah Kwiatkowski</i>			
<b>12.1</b>	<b>Stroke</b> .....	82	<b>12.3</b>	<b>Arteriovenous Malformation</b> ... 87
12.1.1	Definitions .....	82	12.3.1	Definition .....
12.1.2	Epidemiology .....	82	12.3.2	Clinical Presentation .....
12.1.3	Risk and Prognosis .....	82	12.3.3	Diagnosis .....
12.1.4	Initial Management .....	83	12.3.4	Management of Arteriovenous Malformation .....
12.1.5	Ischemic Stroke Therapeutic Management .....	83		
12.1.6	Intraparenchymal Hemorrhage Management .....	85	<b>12.4</b>	<b>Top Hits</b> .....
			12.4.1	Questions .....
<b>12.2</b>	<b>Management of Carotid Atherosclerosis</b> .....	85	12.4.2	Answers .....
12.2.1	Diagnosis and Imaging .....	86		<b>References</b> .....
				88
<b>Part V: Spine</b>				
<b>13</b>	<b>Degenerative Disease of the Cervical Spine</b> .....	93		
	<i>Nicholas Grice</i>			
<b>13.1</b>	<b>Introduction</b> .....	93	<b>13.5</b>	<b>Treatments</b> .....
<b>13.2</b>	<b>Anatomy and Pathophysiology</b> .....	93	<b>13.6</b>	<b>Top Hits</b> .....
<b>13.3</b>	<b>History and Physical Examination</b> .....	93	13.6.1	Questions .....
<b>13.4</b>	<b>Radiology and Diagnostic Testing</b> .....	95	13.6.2	Answers .....
				<b>References</b> .....
				98
<b>14</b>	<b>Spine Tumors</b> .....	99		
	<i>Kristin Mellon</i>			
<b>14.1</b>	<b>Extradural Tumors</b> .....	99	14.2.3	Intradural Extradural .....
14.1.1	Spine Metastases .....	99	<b>14.3</b>	<b>Neurofibromas</b> .....
14.1.2	Spinal Chordomas .....	99	<b>14.4</b>	<b>Schwannomas</b> .....
<b>14.2</b>	<b>Intradural Tumors</b> .....	99	<b>14.5</b>	<b>Meningiomas</b> .....
14.2.1	Intradural Intramedullary .....	99	<b>14.6</b>	<b>Top Hits</b> .....
14.2.2	Ependymoma and Myxopapillary Ependymoma .....	100		

14.6.1	Questions .....	101	<b>References</b> .....	101
14.6.2	Answers .....	101		
<b>15</b>	<b>Scoliosis and Spinal Deformity</b> .....	102		
	<i>Sarah Rosmarin and Hannah Donnelly</i>			
<b>15.1</b>	<b>Spinal Curvatures</b> .....	102	<b>15.3</b>	<b>Failed Back Surgery Syndrome</b> .....
15.1.1	Scoliosis .....	102		105
15.1.2	Kyphosis and Lordosis .....	103	<b>15.4</b>	<b>Top Hits</b> .....
				105
<b>15.2</b>	<b>Spinal Deformities</b> .....	103	15.4.1	Questions .....
15.2.1	Spondylosis .....	103	15.4.2	Answers .....
15.2.2	Spondylolysis .....	104		105
15.2.3	Spondylolisthesis .....	105	<b>References</b> .....	106
<b>16</b>	<b>Neuroaugmentative Surgery for Chronic Pain</b> .....	107		
	<i>Kathleen M. Mannion</i>			
<b>16.1</b>	<b>Pain Pathway</b> .....	107	<b>16.5</b>	<b>Advantages of Pump Therapy</b> ..
16.1.1	Transduction .....	107	16.5.1	Complications of Pump Therapy ...
16.1.2	Transmission .....	107	16.5.2	Indications for Pump Therapy ...
16.1.3	Modulation .....	107	16.5.3	Pump Trial .....
16.1.4	Perception .....	107	16.5.4	Pump Implant and Refills .....
				110
<b>16.2</b>	<b>Types of Pain</b> .....	107	<b>16.6</b>	<b>Electrical Stimulation</b> .....
16.2.1	Nociceptive Pain .....	107	16.6.1	Peripheral Nerve Stimulation ...
16.2.2	Neuropathic Pain .....	107	16.6.2	Dorsal Root Ganglion Stimulation .
			16.6.3	Spinal Cord Stimulation .....
<b>16.3</b>	<b>Common Pain Syndromes Recommended for Neurostimulation or Intrathecal Pump Therapy</b> .....	107	16.6.4	Stimulator Trial .....
16.3.1	Complex Regional Pain Syndrome .....	107	16.6.5	Stimulator Implant .....
16.3.2	Failed Back Syndrome (Postlaminectomy Syndrome) ...	108	16.6.6	Stimulator Complications .....
16.3.3	Arachnoiditis .....	108	16.6.7	Cervical and Cervicomedullary Stimulation .....
16.3.4	Phantom Limb Syndrome .....	108		112
16.3.5	Postherpetic Neuralgia .....	108	<b>16.7</b>	<b>Top Hits</b> .....
16.3.6	Trigeminal Neuralgia .....	108	16.7.1	Questions .....
			16.7.2	Answers .....
				112
<b>16.4</b>	<b>Intrathecal Pump Therapy</b> .....	108	<b>References</b> .....	112

## Part VI: Neurotrauma

<b>17</b>	<b>Traumatic Brain Injury</b> .....	117		
	<i>Alyssa P. Simon</i>			
<b>17.1</b>	<b>Introduction</b> .....	117	<b>17.4.3</b>	Diagnostic Studies .....
<b>17.2</b>	<b>Types of Hemorrhages</b> .....	117	<b>17.4.4</b>	Treatment .....
17.2.1	Epidural Hemorrhage .....	117	<b>17.5</b>	<b>Anticoagulation and Antiplatelet Medications</b> .....
17.2.2	Subdural Hematoma .....	117	<b>17.6</b>	<b>Skull Fractures</b> .....
17.2.3	Subarachnoid Hemorrhage .....	117	17.6.1	Basal Skull Fractures .....
17.2.4	Intraparenchymal Hemorrhage ...	118	17.6.2	Depressed Skull Fractures .....
17.2.5	Intraventricular Hemorrhage .....	118	<b>17.7</b>	<b>Penetrating Trauma</b> .....
17.2.6	Contusions .....	119	<b>17.8</b>	<b>Top Hits</b> .....
<b>17.3</b>	<b>TBI Classification</b> .....	119	17.8.1	Questions .....
17.3.1	Glasgow Coma Scale .....	119	17.8.2	Answers .....
17.3.2	TBI Severity .....	119	<b>References</b> .....	123
<b>17.4</b>	<b>Clinical Application</b> .....	119		
17.4.1	Initial Assessment .....	119		
17.4.2	Neurologic Examination .....	119		
<b>18</b>	<b>Spinal Trauma and Fractures</b> .....	124		
	<i>Alissa Conway</i>			
<b>18.1</b>	<b>Introduction</b> .....	124	<b>18.6</b>	<b>Thoracic Spine</b> .....
<b>18.2</b>	<b>Examination</b> .....	124	<b>18.7</b>	<b>Thoracolumbar and Lumbar Spine Injuries</b> .....
<b>18.3</b>	<b>Imaging</b> .....	124	18.7.1	Nonsurgical Treatment Options for Spinal Fractures .....
<b>18.4</b>	<b>Cervical Spine</b> .....	124	<b>18.8</b>	<b>Top Hits</b> .....
18.4.1	Atlanto-Occipital Dislocation .....	124	18.8.1	Questions .....
18.4.2	Occipital Condyle Fractures .....	125	18.8.2	Answers .....
18.4.3	C1 Fractures .....	125	<b>References</b> .....	132
18.4.4	Odontoid (Dens) Fractures .....	125		
18.4.5	Hangman's Fracture .....	125		
<b>18.5</b>	<b>Other Cervical Spine Injuries</b> ...	126		
18.5.1	Jumped Facets .....	126		

<b>19</b>	<b>Acute Spinal Cord Injury</b> .....	133		
	<i>Stephanie A. Butler</i>			
<b>19.1</b>	<b>Introduction</b> .....	133	19.5.2	Incomplete Lesion .....
19.1.1	Primary Injury .....	133	19.5.3	Complete Lesion .....
19.1.2	Secondary Injury .....	133	19.5.4	ASIA Impairment Scale .....
<b>19.2</b>	<b>Initial Clinical Evaluation and Assessment</b> .....	133	19.5.5	Central Cord Syndrome .....
19.2.1	Airway and Breathing .....	133	19.5.6	Anterior Cord Syndrome .....
19.2.2	Circulation .....	133	19.5.7	Posterior Cord Syndrome .....
<b>19.3</b>	<b>Secondary Clinical Evaluation and Assessment</b> .....	133	19.5.8	Brown–Séguard Syndrome .....
19.3.1	Detailed History .....	133	19.5.9	Cauda Equina Syndrome .....
19.3.2	Comprehensive Neurological Examination .....	134	19.5.10	Spinal Cord Infarction .....
19.3.3	Orogastric/Nasogastric Tube Placement .....	136	19.5.11	Spinal Cord Hematoma .....
19.3.4	Foley Catheter Placement .....	136	19.5.12	Acute Disk Herniation .....
19.3.5	Bowel Regimen .....	136	19.5.13	Epidural Abscess .....
19.3.6	Steroids .....	136	19.5.14	Neoplastic Disease .....
<b>19.4</b>	<b>Imaging and Laboratory Testing</b> .....	136	<b>19.6</b>	<b>Differential Diagnosis</b> .....
19.4.1	X-Ray .....	136	<b>19.7</b>	<b>Decision for Surgery</b> .....
19.4.2	Computed Tomography of the Spine .....	136	<b>19.8</b>	<b>Postinjury Care</b> .....
19.4.3	Magnetic Resonance Imaging .....	136	19.8.1	Physical Therapy or Occupational Therapy .....
19.4.4	Computed Tomography Myelogram .....	136	19.8.2	Nutrition .....
19.4.5	Laboratory .....	136	19.8.3	Venous Thromboembolism Prophylaxis .....
<b>19.5</b>	<b>Making a Diagnosis</b> .....	136	19.8.4	Chronic Pain .....
19.5.1	Spinal Cord Tracts .....	137	<b>19.9</b>	<b>Top Hits</b> .....
			19.9.1	Questions .....
			19.9.2	Answers .....
				<b>References</b> .....

**Part VII: Tumor**

<b>20</b>	<b>Acoustic Neuromas and NF2</b> .....	143		
	<i>Brittany Snider Craven</i>			
<b>20.1</b>	<b>Introduction</b> .....	143	<b>20.3</b>	<b>Clinical Presentation</b> .....
<b>20.2</b>	<b>Risk Factors</b> .....	143	<b>20.4</b>	<b>Physical Examination and Diagnostic Testing</b> .....

20.5	<b>Multidisciplinary Care</b> .....	144	20.9	<b>Top Hits</b> .....	146
20.6	<b>Management Options</b> .....	144	20.9.1	Questions .....	146
20.7	<b>Complications</b> .....	145	20.9.2	Answers .....	146
20.8	<b>Postoperative Follow-up</b> .....	146		<b>References</b> .....	146
<b>21</b>	<b>Glioblastoma and Other Intra-Axial Tumors</b> .....	147			
	<i>Brittany Snider Craven</i>				
21.1	<b>Introduction</b> .....	147	21.7	<b>Management Options and Challenges</b> .....	148
21.2	<b>Clinical Presentation</b> .....	147	21.8	<b>Prognosis</b> .....	149
21.3	<b>Risk Factors</b> .....	147	21.9	<b>Top Hits</b> .....	149
21.4	<b>Diagnostic Testing</b> .....	147	21.9.1	Questions .....	149
21.5	<b>Isocitrate Dehydrogenase Status/Classification</b> .....	147	21.9.2	Answers .....	150
21.6	<b>Multidisciplinary Care</b> .....	147		<b>References</b> .....	150
<b>22</b>	<b>Meningiomas</b> .....	151			
	<i>Brittany Snider Craven</i>				
22.1	<b>Risk Factors</b> .....	151	22.7	<b>Posttreatment Surveillance</b> ....	153
22.2	<b>Subtypes and Common Locations</b> .....	151	22.8	<b>Top Hits</b> .....	154
22.3	<b>Clinical Presentation</b> .....	152	22.8.1	Questions .....	154
22.4	<b>Diagnostic Testing</b> .....	152	22.8.2	Answers .....	154
22.5	<b>Management Options</b> .....	152		<b>References</b> .....	154
22.6	<b>Multidisciplinary Care</b> .....	153			
<b>23</b>	<b>Pituitary Tumors and Central Diabetes Insipidus</b> .....	155			
	<i>Brittany Snider Craven</i>				
23.1	<b>Classification and Epidemiology</b> .....	155	23.5	<b>Multidisciplinary Care</b> .....	159
23.2	<b>Clinical Presentation</b> .....	155	23.6	<b>Potential Posttreatment Complications and Diabetes Insipidus</b> .....	160
23.3	<b>Diagnostic Testing</b> .....	158			
23.4	<b>Management Options</b> .....	159			

<b>23.7</b>	<b>Differential Diagnoses of Sellar Masses</b> .....	160	23.8.1	Questions .....	160
			23.8.2	Answers .....	160
<b>23.8</b>	<b>Top Hits</b> .....	160		<b>References</b> .....	161
<b>24</b>	<b>Oligodendrogliomas and Central Neurocytomas</b> .....	162			
	<i>Brittany Snider Craven</i>				
<b>24.1</b>	<b>Criteria for Oligodendroglioma (ODG)</b> .....	162	24.2.2	Diagnostic Testing .....	162
			24.2.3	Treatment .....	163
24.1.1	Clinical Presentation .....	162	<b>24.3</b>	<b>Top Hits</b> .....	163
24.1.2	Diagnostic Testing .....	162			
24.1.3	Treatment .....	162	24.3.1	Questions .....	163
<b>24.2</b>	<b>Central Neurocytomas</b> .....	162	24.3.2	Answers .....	163
				<b>References</b> .....	163
24.2.1	Clinical Presentation .....	162			
<b>Part VIII: Functional</b>					
<b>25</b>	<b>Trigeminal Neuralgia</b> .....	167			
	<i>Komal Eubanks</i>				
<b>25.1</b>	<b>Clinical Manifestations, Diagnosis, and Treatment</b> .....	167	25.3.2	Secondary Survey .....	170
<b>25.2</b>	<b>Clinical Pearls for an Advanced Practice Provider</b> .....	168	<b>25.4</b>	<b>Top Hits</b> .....	171
<b>25.3</b>	<b>Pain Questionnaire</b> .....	169			
			25.4.1	Questions .....	171
25.3.1	Primary Survey .....	169	25.4.2	Answers .....	171
				<b>References</b> .....	171
<b>26</b>	<b>Peripheral Nerve Disorders</b> .....	172			
	<i>Sarah Rosmarin and Nana Afua-Agyepong</i>				
<b>26.1</b>	<b>Overview</b> .....	172	<b>26.3</b>	<b>Peripheral Nerve Disorders of the Upper Extremity</b> .....	174
<b>26.2</b>	<b>Peripheral Nerves of the Upper Extremity</b> .....	172			
			26.3.1	Erb's Palsy .....	174
26.2.1	Axillary Nerve .....	172	26.3.2	Klumpke's Palsy .....	174
26.2.2	Musculocutaneous Nerve .....	172	26.3.3	Long Thoracic Nerve Injury .....	174
26.2.3	Radial Nerve .....	173	26.3.4	Thoracic Outlet Syndrome .....	174
26.2.4	Median Nerve .....	173	26.3.5	Parsonage–Turner Syndrome .....	174
26.2.5	Ulnar Nerve .....	174	<b>26.4</b>	<b>Peripheral Nerves of the Lower Extremity</b> .....	175

26.4.1	Superior Gluteal Nerve . . . . .	175	26.5.3	Charcot–Marie–Tooth Disease . . . . .	176
26.4.2	Inferior Gluteal Nerve . . . . .	175	26.5.4	Guillain–Barré Syndrome . . . . .	176
26.4.3	Sciatic Nerve . . . . .	175	26.5.5	Neuropathy Related to Underlying Medical Etiologies . . . . .	176
26.4.4	Femoral Nerve . . . . .	175			
26.4.5	Obturator Nerve . . . . .	176			
26.4.6	Lateral Femoral Cutaneous Nerve . . . . .	176	<b>26.6</b>	<b>Top Hits . . . . .</b>	177
<b>26.5</b>	<b>Other Peripheral Neuropathies . . . . .</b>	176	26.6.1	Questions . . . . .	177
26.5.1	Compartment Syndrome . . . . .	176	26.6.2	Answers . . . . .	177
26.5.2	Mononeuritis Multiplex . . . . .	176			
				<b>References . . . . .</b>	177

## Part IX: Pediatrics

<b>27</b>	<b>Tethered Cord Syndrome . . . . .</b>	181			
	<i>Jenna Turnley and Michael M. McDowell</i>				
27.1	<b>Etiology . . . . .</b>	181	<b>27.5</b>	<b>Top Hits . . . . .</b>	183
27.2	<b>Diagnosis . . . . .</b>	181	27.5.1	Questions . . . . .	183
27.3	<b>Treatment . . . . .</b>	182	27.5.2	Answers . . . . .	184
27.4	<b>Follow-Up . . . . .</b>	183			
				<b>References . . . . .</b>	184
<b>28</b>	<b>Pediatric Craniopharyngiomas . . . . .</b>	185			
	<i>Hannah Elizabeth Reiser Pierre and Michael M. McDowell</i>				
28.1	<b>Introduction . . . . .</b>	185	28.4.1	Long-term Complications . . . . .	188
28.2	<b>Diagnosis . . . . .</b>	186	<b>28.5</b>	<b>Conclusion . . . . .</b>	189
28.2.1	Clinical Presentation . . . . .	186	<b>28.6</b>	<b>Top Hits . . . . .</b>	189
28.2.2	Imaging . . . . .	186	28.6.1	Questions . . . . .	189
<b>28.3</b>	<b>Treatment . . . . .</b>	186	28.6.2	Answers . . . . .	189
28.3.1	Surgery . . . . .	187			
28.3.2	Radiation . . . . .	187		<b>References . . . . .</b>	189
<b>28.4</b>	<b>Postoperative Management . . . . .</b>	188			
<b>29</b>	<b>Medulloblastomas and Pediatric Tumors . . . . .</b>	191			
	<i>Jenna Turnley and Michael M. McDowell</i>				
29.1	<b>Medulloblastomas . . . . .</b>	191	29.1.1	Epidemiology . . . . .	191
			29.1.2	Classifications . . . . .	191

29.1.3	Diagnosis .....	191	<b>29.4</b>	<b>Pineal Tumors .....</b>	192
29.1.4	Management and Treatment .....	191	<b>29.5</b>	<b>Top Hits .....</b>	193
<b>29.2</b>	<b>Atypical Teratoid Rhabdoid Tumor .....</b>	192	29.5.1	Questions .....	193
<b>29.3</b>	<b>Astrocytomas .....</b>	192	29.5.2	Answers .....	193
29.3.1	Ependymomas .....	192		<b>References .....</b>	193
<b>30</b>	<b>Pediatric Hydrocephalus .....</b>	194			
	<i>Hannah Elizabeth Reiser Pierre and Michael M. McDowell</i>				
<b>30.1</b>	<b>Introduction .....</b>	194	30.4.1	Shunt Malfunction .....	197
<b>30.2</b>	<b>Diagnosis .....</b>	194	30.4.2	Endoscopic Third Ventriculostomy Failure .....	198
30.2.1	Clinical Presentation .....	194	30.4.3	Long-term Follow-up .....	198
30.2.2	Imaging .....	194	<b>30.5</b>	<b>Conclusion .....</b>	198
<b>30.3</b>	<b>Treatment .....</b>	195	<b>30.6</b>	<b>Top Hits .....</b>	198
30.3.1	Shunts .....	195	30.6.1	Questions .....	198
30.3.2	Endoscopic Third Ventriculostomy .....	196	30.6.2	Answers .....	198
30.3.3	Special Considerations .....	196		<b>References .....</b>	199
<b>30.4</b>	<b>Postoperative Management ...</b>	196			
<b>Part X: Radiosurgery</b>					
<b>31</b>	<b>Indications for Gamma Knife .....</b>	203			
	<i>Svetlana Trofimova and Ajay Niranjana</i>				
<b>31.1</b>	<b>Introduction .....</b>	203	<b>31.5</b>	<b>Malignant Brain Neoplasms ...</b>	206
<b>31.2</b>	<b>Importance of Patient Education .....</b>	204	31.5.1	Glioblastomas .....	206
<b>31.3</b>	<b>Central Nervous System Tumors .....</b>	204	31.5.2	Brain Metastases .....	206
<b>31.4</b>	<b>Primary Benign CNS Tumors ...</b>	204	31.5.3	Valuable Information for Patient Education .....	207
31.4.1	Meningiomas .....	204	<b>31.6</b>	<b>Cerebral Vascular Conditions ...</b>	207
31.4.2	Pituitary Tumors and Skull Base Chordomas .....	205	31.6.1	Arteriovenous Malformations ...	207
31.4.3	Clinical Points to Discuss with Patients .....	205	31.6.2	Cavernous Malformations .....	209
			31.6.3	Important Points to Discuss with the Patient while Evaluating Candidacy for GKR. ....	209
			31.6.4	Dural Arteriovenous Fistulas ...	209

<b>31.7</b>	<b>Functional Disorders</b> .....	209	<b>31.9</b>	<b>Top Hits</b> .....	211
31.7.1	Trigeminal Neuralgia.....	209	31.9.1	Questions .....	211
31.7.2	Tremors.....	210	31.9.2	Answers.....	212
<b>31.8</b>	<b>Conclusion</b> .....	211		<b>References</b> .....	212

## Part XI: Guidance for Growth

<b>32</b>	<b>Mentorship</b> .....				217
	<i>Nicole Berardinelli Gray</i>				
<b>32.1</b>	<b>Finding my Mentors</b> .....	217	<b>32.3</b>	<b>Leadership</b> .....	218
<b>32.2</b>	<b>Becoming a Mentor</b> .....	217			
<b>33</b>	<b>Advice on Becoming the Best Neurosurgical APP</b> .....				219
	<i>Benjamin R. Reynolds</i>				
<b>33.1</b>	<b>Introduction</b> .....	219	<b>33.4</b>	<b>Excellence in Practice: Beyond the Basics</b> .....	220
<b>33.2</b>	<b>It Is a Journey of Dedication and Excellence</b> .....	219	<b>33.5</b>	<b>Building a Supportive Network</b> .....	221
<b>33.3</b>	<b>Lifelong Learning and the Sacrifice of Personal Time</b> .....	220	<b>33.6</b>	<b>Conclusion</b> .....	222
<b>34</b>	<b>Team Dynamics</b> .....				223
	<i>Nitin Agarwal and Abigail G. Crum</i>				
<b>34.1</b>	<b>Understanding Teamwork in Neurosurgery</b> .....	223	<b>34.2</b>	<b>Collaborative Dynamics: The Attending Surgeon and APP Partnership</b> .....	223
			<b>34.3</b>	<b>Being a Great Teammate</b> .....	223
<b>Index</b> .....					225